



ramblers
at the heart of walking

Herefordshire Ramblers

WALKS PROGRAMME **December 2016 - March 2017**

The events in this programme are organised by members of the four groups of the Ramblers in the Herefordshire Area. They are open to everyone including non-members.

All visitors are very welcome. We would hope to eventually welcome you as a Ramblers member.

“The Ramblers encourages walking; protects rights of way; and has campaigned for many years for freedom to roam over uncultivated, open country and defends the beauty of the countryside”.

The Ramblers' Association is a company limited by guarantee, registered in England and Wales. Company Registration no 4458492. Registered charity in England and Wales no 1093577.
Registered Office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW

CONTACT INFORMATION

Herefordshire Ramblers Committee	Chairman	Arthur Lee	01432 264374
	Secretary	Eddie Hunt	07530 417440
	Footpath Co-ordinator	Philip Bauer	01981 500398
	Membership Secretary	Susan Mills	07745 412918
Hereford Group Committee	Chairman	Martin	
		Hebblethwaite	01432 769470
	Secretary	Arthur Lee	01432 264374
	Walks Secretary	Mary Howcroft	01432 357766
	Footpath Secretary East	Vacant	
	Footpath Secretary West	Philip Bauer	01981 500398
	Footpath Secretary North	John Winterfeld	01432 355833
Footpath Secretary South	David Starling	01432 351979	
Membership Secretary	Susan Mills	07745 412918	
Leadon Vale Group Committee	Chairman	David Hawkins	01684 574205
	Secretary and Membership Secretary	Tom Fisher	01886 821544
	Footpath Officer	Vacant	
	Walks Secretary	Mary Woodage	01684 541071
Mortimer Group Committee	Chairman	Mike Goodwin	01568 616473
	Secretary and Membership Secretary	Pat Bickerton	01568 780827
	Footpath Officer	Martin Bradford	01568 780151
	Walks Secretary	Philip Emes	01568 612847
Ross-on-Wye Group Committee	Chairman	Bob Selmes	01989 769050
	Secretary	Sally Northcott	01989 565687
	Membership Secretary	Trisha Selmes	01989 769050
	Footpath Officer	Nigel Doré	07917 646743
	Walks Secretary	Ann Edwards	01432 268200

Our Walks Programme can be found on the following web pages:-
www.ramblers.org.uk - www.visitherefordshire.co.uk - www.herefordshireramblers.org.uk

PLEASE REPORT ANY FOOTPATH PROBLEMS: using Herefordshire Council's online reporting form <https://www.herefordshire.gov.uk/transport-and-highways/footpaths-byways-and-bridleways/cg-report-prow-problem>
or telephone 01432 261800. Please include a grid reference if possible.
Please also let the Footpath Secretary of your Group know, for their own records.

OUR WALKS: PLEASE READ THESE IMPORTANT INSTRUCTIONS

General: As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

Insurance: All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

Guidance on grades

- **Easy Access:** Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.
- **Easy:** Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.
- **Leisurely:** Walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing recommended.
- **Moderate:** Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.
- **Strenuous:** Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.
- **Technical:** Walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes and crampons. You must contact the Leader in advance for further details.

Transport/Car Parking:

Think green, try and car share. If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism. Walk leaders should provide details of bus times etc. The pick up point for Ross Group – **WRCP** = Wilton Road Car Park (parking fee £1 all day).

Notes:

For a full days walk bring a packed lunch = **BPL** - and plenty to drink.

For a half days walk bring a mid-morning refreshment = **BMMR**.

Dogs: Dogs are allowed on walks unless it states "**registered assistance dogs only**" in the walk details. If you wish to bring a dog, please contact the Walk leader beforehand.

Special Events

December 2016 to March 2017

HEREFORDSHIRE TRAIL

Leaddon Vale Group is currently walking The Herefordshire Trail by doing circular walks on the first weekend of the month, doing 3 walks in each programme.

ROSS GROUP CHRISTMAS LUNCH on Saturday 3 December

This will be held at The Royal Hotel, Ross-on-Wye at 12.30 for 13.00.

For details please contact Sandra 07766 837125

HEREFORD GROUP CHRISTMAS LUNCH on Saturday 10 December

An occasion not to be missed - Hereford Group Christmas Lunch at The Cellar Door, Widemarsh Street, Hereford. Hereford Group are privileged to be offered a 3-course lunch with all the trimmings cooked by Andy Beaumont, Great British Menu Chef with many accolades. We are very excited to be offered a one-off special price of only £27.50 for this delightful three course Christmas meal. Meet at 13.00 to eat at 13.30.

For details of the menu and to book please ring 01432 351493. Send full payment with your menu choice by **26 November** with a cheque made out to Hereford Group of the RA.

HEREFORD GROUP WINTER DELIGHT - HIGH TEA AT DEWSALL COURT ON Wednesday 18 January

10.00. Park at Dewesall Court, Callow, HR2 8DA. EXP189/SO 486333. Leave A49 at the car salerooms at Callow Marsh (Toyota, Hyundai, etc), then in a few yards turn left to Dewesall, Haywood and Callow, then later left again, soon after bear right down long lane to into Dewesall Court (not Monkhall). Reception is on the left and the Court is to the right. Park tidily in this open area. Interesting walk around the grounds and in the surrounding farmland before returning for a very special high tea with delicious savouries and sandwiches and lovely cakes in a truly exquisite venue. An opportunity not to be missed!! £22 per person. You can come just for tea but **everyone MUST BOOK BY SATURDAY 7 JANUARY 2017**. Bring very small lunch and some clean footwear. Moderate. 7 miles.

Lynne 01432 271769 and Mary H 01432 357766

Regular Events

- **Each Friday morning**

HEREFORD GROUP – MORNING WALK

Mary Watkins has started up a programme of shorter 4 mile walks for all who wish to join her on Friday mornings. We are sending out the details by email or ring her for details and starting points, and also if you would like to help with the walks.

Mary 01432 273432

- **2nd Monday in each month 10.00**

HEREFORD GROUP – MONTHLY “MEET FOR A CUPPA”

Come along from 10.00 for a “Cuppa at Cookies”. See programme for future dates. Cookies is upstairs in the precinct behind Boots in Hereford. Members and newcomers from all groups are very welcome. Enquiries 01432 351493.

- **1st Thursday of every month at 10.30**

ROSS GROUP - COFFEE & A CHAT

We meet up for coffee and a chat at the Chase Hotel, Gloucester Road, Ross, HR9 5LH at 10.30 on the first Thursday of every month. **All welcome.**

Any queries contact Heather on 07919 606856 or 01432 350341.

- **1st and 3rd Thursdays in the month at 10.30. MORNING “WALK and TALK”**

Dates will be shown in the programme. Map Ref. EXP189/SO 518412.

There will be a variety of walks starting at 10:30 from outside reception at the Point4 (Part of the Royal National College for the Blind) in Venn’s Lane, Hereford, HR1 1DT). This is a partnership initiative between Herefordshire Ramblers – Hereford Group and “Let’s Walk Herefordshire” - Herefordshire Council & Brightstripe - Cultural Health CIC, and it is hoped to be fully inclusive to ALL, including Ramblers members, Walking for Health participants, carers etc. So come and try our walks and share with us how we can tailor them to meet your needs! Bus users can use the 81A and 77 services. Please check the current timetables carefully to find suitable times and bus stops. Enquiries Arthur Lee. 01432 264374 or Mary Howcroft 01432 357766

- **HEREFORD GROUP - TEA SHOP WALKS**

The aim of the teashop walks is to put some “pennies” back into the local shops and communities in places where we have enjoyed their countryside and, usually, have been allowed free parking. *If you join in on a Tea Shop Walk, it is expected that you buy cake and tea at the end.*

Lynne 01432 271769 and Mary 01432 357766.

Have you changed your email address recently?

Please remember to let Ramblers Head Office know or you may be missing out!

membership@ramblers.org.uk

Herefordshire Area Walks Programme

DECEMBER 2016 TO MARCH 2017

All members and non-members are welcome to walk with any group.

- Thursday 1 December** **MORNING "WALK and TALK"**
(see Special Events pages for more details)
10.30. Park at the Point4 (Part of RNC) in Venn's Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely, 4 miles.
Arthur 01432 264374 and Mary 01432 357766 **HEREFORD**
- Thursday 1 December** **ROSS GROUP COFFEE & CHAT**
10.30. Please join us for coffee and a chat at The Chase Hotel, Gloucester Road, Ross HR9 5LH. Everyone welcome.
Heather 01432 350341 or 07919 606856 **ROSS**
- Friday 2 December** **FRIDAY MORNING WALK**
(see Special Events page)
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Mary W 01432 273432 or Mary H 01432 357766 **HEREFORD**
- Saturday 3 December** **HEREFORDSHIRE TRAIL - KINGTON - TITLEY**
10.15. Meet at Mill Street car park (fee), EXP 201/SO 295565. Walk the Herefordshire Trail to Titley, returning on tracks, lanes and paths via Eywood and Rushock. Undulating and likely to be muddy. 8 miles. Moderate. BPL. Registered Assistance Dogs only.
Mary 01684 541071 **LEADON VALE**
- Saturday 3 December** **KINGTON AND HERGEST**
10.00. Park at Mill Street CP (Fee) EXP 201/SO 296565. A Landscape and Geology trail around Kington, Hergest Ridge, Castle Twts and Park Wood. Good views from Hergest Ridge. Moderate. 7.5 miles. BPL. Registered Assistance Dogs only.
Margaret 01905 426402 and Eileen 01432 830569 **MORTIMER**
- Saturday 3 December** **ROSS CHRISTMAS LUNCH**
- Tuesday 6 December** **MORNING WALK**
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050 **ROSS**
- Tuesday 6 December** **WOOLHOPE TO SOLLERS HOPE**
10.00. Park/start Woolhope church. EXP189/SO 611358. Moderate 8 mile circular walk passing through Rudgewood and Pagets Wood on our way to Sollers Hope, the birthplace of Dick Whittington. BPL.
Neville 01989 564878 **ROSS**

**Wednesday 7 December TEA SHOP WALK FROM THE BELLS
AT ALMELEY**

10.00. Park outside The Bells in Almeley, HR3 6LF – between the A480 and A4111. EXP201/SO 333516. Walk through the fields and dingles between Almeley and Eardisley. Return for cakes and tea at The Bells, where there is also an award winning shop, full of local produce and goodies for Christmas. Moderate 8 miles with some muddy places. BPL. On return everyone is expected to buy tea and cake (see Special Events page).

Lynne 01432 271769 and Mary H 01432 357766

HEREFORD

**Friday 9 December FRIDAY MORNING WALK
(see Special Events page)**

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

**Saturday 10 December HEREFORD GROUP - CHRISTMAS LUNCH
AT THE CELLAR DOOR, WIDEMARSH STREET,
HEREFORD, HR4 9EA**

Hereford Group are privileged to be offered a 3-course lunch with all the trimmings cooked by Andy Beaumont, Great British Menu Chef with many accolades. We are very excited to be offered a one-off special price of only £27.50 for this delightful three course Christmas meal. Meet at 13.00 to eat at 13.30. For details of the menu and to book please ring 01432 351493. Send full payment with your menu choice by **26 November 2016** with a cheque made out to Hereford Group of the RA.

Saturday 10 December MORNING STROLL ON THE MALVERN HILLS

10.30. Meet at British Camp car park(£4) EXP190/SO 763403, WR13 6DW. A walk suitable for the whole family with wonderful views over the surrounding countryside walking along a level path on the West side of the Hills through "Little Switzerland" to the Wyche Cutting. The return walk is down the East side of the Hills, passing Holy Well where the taking of Malvern Water is suggested. Back at British Camp refreshments are available at the pub or kiosk. 5 miles. Easy. BMMR.

David 01684 574205

LEADON VALE

**Saturday 10 December BUS WALK (ONE WAY)
TO FOY, HOLE-IN-THE-WALL AND WILTON**

Be ready **at 09.45**, on the roadside bank of Wilton Road Car Park in Ross (opposite the bus stop sign on the other side of Wilton Road). We catch the 33 bus towards Hereford and get off at Peterstow village centre, opposite the village shop, to start the walk at 10.00. Fairly easy terrain with some lovely views, crossing the River Wye at Foy and returning via Ross to the car park. Moderate 11 miles. BPL.

Bob 01989 769050 or 07985 044735. Contact Bob by text, email or phone to check that the bus time is still correct, particularly as the centre of Ross is scheduled for a lot of disruption by road closures over several weeks.

ROSS

**Sunday 11 December WILMASTON TO VOWCHURCH
(HAY HO! BUS WALK)**

10.10. Catch the Hay Ho! 39A bus at 10.15 from Hereford Railway Station – EXP 189/SO 515405 (also calls at Country Bus Station, Broad Street, Belmont Tesco). Climb up to Rough Leath Wood, along to Stockley Hill and down the Common to Vowchurch, before catching the bus to Hereford at 15.19 (arr at 16.00). 6 miles, moderate. BPL. Registered Assistance Dogs only.

Les L 01584 877588

HEREFORD

Monday 12 December COFFEE MORNING IN HEREFORD

10.00. Meet up for a chat at “Cookies” cafe behind Boots in Hereford. Everyone is welcome, so come along for a friendly get together and exchange of ideas. Enquiries 01432 351493.

Tuesday 13 December MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Thursday 15 December MORNING “WALK and TALK” CHRISTMAS TREAT

(see Special Events pages for more details)

10.30. Park at the Point4 (Part of RNC) in Venn’s Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are planned to suit the group. This walk will be shorter than usual to make time to celebrate Christmas with coffee and mincepies! Leisurely 2 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Friday 16 December FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

SATURDAY 17 DECEMBER - START OF THE RAMBLERS CHRISTMAS WALKING FESTIVAL

Saturday 17 December CHRISTMAS TREATS AND WALK TO BULLINGHOPE

09.45. Meet at 12 Prince Edward Road, Broomy Hill, Hereford, HR4 0LG for hot drinks before the walk. Park in drive [5 cars] or in quiet road. EXP189/SO 498396. Walk starts at 10.30. Easy 5-mile morning walk along River Wye , through Rotherwas to Bullinghope returning via Grafton and Great Western Way. BPL to eat at our house, after the walk, when festive punch and mince pies will be served! **Please ring if able to join us.**

Richard and Barbara 01432 267414

HEREFORD

Tuesday 20 December MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Tuesday 20 December WESTON-UNDER-PENYARD

10.00. Park/start Weston Cross Inn, OL14/SO 631234. Moderate 6.5 mile walk through Pontshill, Burton Court and Fiddlers Cross. Hopefully back in time for a Christmas drink.

Neville 01989 564878

ROSS

Friday 23 December FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Tuesday 27 December MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Thursday 29 December

**WALK TO BREINTON and ALONG THE WYE
(JOINT WALK WITH EAST RADNOR GROUP)**

11.00. Park at far end of Wyevale Garden Centre car park. EXP202/SO 472415. Walk down quiet tracks, lanes and footpaths to Breinton and then along the river. Moderate 6.5 miles. BPL. Optional tea at Garden Centre after the walk.

Mo 01432 350516

HEREFORD

Saturday 31 December

COLWALL AND LOWER SLOPES OF THE MALVERNS

10.15. Meet at Colwall station car park (train from Hereford arrives 10.04), EXP190/SO 757425. Blow away the cobwebs ready for the start of the New Year by walking through fields to reach Wynds Point and then follow the lower slopes to the Wyche Cutting before returning along paths and fields. Route can be altered to suit the prevailing conditions. 5 miles. Moderate. BMMR. Registered Assistance Dogs only.

Mary 01684 541071

LEADON VALE

Tuesday 3 January 2017

MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Thursday 5 January

MORNING "WALK and TALK"

(see Special Events pages for more details.)

10.30. Park at the Point4 (Part of RNC) in Venn's Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely 4 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Thursday 5 January

ROSS GROUP COFFEE & CHAT

10.30. Please join us for coffee and a chat at The Chase Hotel, Gloucester Road, Ross HR9 5LH. Everyone welcome.

Heather 01432 350341 or 07919 606856

ROSS

Friday 6 January

FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 7 January

THE SWAN WALK

10.00. (WRCP 09.25). Park/start in lay-by near the bridge in Skenfrith. EXP189/SO 458202. Moderate 7.5 mile walk with two climbs. It includes woodland and orchards, part of the Monnow Valley Walk and a visit to St Maughan's church. BPL.

Jan and Don 01981 580869

ROSS

Sunday 8 January

FORD BRIDGE TO LEOMINSTER - BUS WALK

08.40 Hereford City Bus Station for 492 bus at 08.45 to Ford Shelter arr 09.09. Alternatively - Leominster 09.17 492 bus to Ford Shelter arr 09.22 (inform leader if using this option). Ford Shelter is EXP202/SO 509551. Linear walk via Risbury hill-fort, Stoke Prior and Herefordshire Trail. Return: Leominster 14.42, Hereford City bus station 15.17. BPL. 8 miles moderate.

John A. W. 01432 355833 or 07779 508204 on day.

HEREFORD

SUNDAY 8 JANUARY END OF CHRISTMAS WALKING FESTIVAL

Monday 9 January COFFEE MORNING IN HEREFORD

10.00. Meet up for a chat at “Cookies” cafe behind Boots in Hereford. Everyone is welcome, so come along for a friendly get together and exchange of ideas. Enquiries 01432 351493.

Tuesday 10 January MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Friday 13 January FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 14 January COLWALL CIRCULAR

10.15. Meet at Colwall station car park(train from Hereford arrives 10.04,) EXP190/SO 757425 to walk through fields and lanes to Evendine, Netherpaths, Chances Pitch, Colwall Green and on to Old Colwall, where we will have lunch at the church. Returning through fields and tracks to the station. Route can be altered to suit the prevailing conditions. 7 miles. Moderate. BPL. Registered Assistance Dogs only.

Mary 01684 541071

LEADON VALE

Saturday 14 January A VIEW FROM HIGH VINNALLS

10.00. Parking at High Vinnalls CP, 2 miles west of Ludlow, EXP 203/SO 474731 High Vinnalls. Mary Knoll Valley, Hanway Hill, Killhorse Lane. Great views. Moderate. 8.5 miles. BPL. Registered Assistance Dogs only.

Mike 01568 616473 07947 000578

MORTIMER

Saturday 14 January KINGS CAPLE

10.00. (WRCP 09.25). Park at Kings Caple Church, EXP189/SO 559288. Moderate 7 mile walk visiting the lovely parishes of Kings Caple, Hoarwithy, Hentland and Sellack. Mostly field paths with some lane walking and two bridges over the Wye. BPL.

Di 01989 730697

ROSS

Tuesday 17 January MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Wednesday 18 January WINTER DELIGHT – HIGH TEA AT DEWSALL COURT

10.00. Park at Dewesall Court, Callow, HR2 8DA. EXP189/SO 486333. Leave A49 at the car salerooms at Callow Marsh (Toyota, Hyundai, etc), then in a few yards, turn left to Dewesall, Haywood and Callow, then later left again, soon after bear right down long lane to into Dewesall Court (not Monkhall). Reception is on the left and the Court is to the right. Park tidily in this open area. Interesting walk around the grounds and in the surrounding farmland before returning for a very special high tea with delicious savouries and sandwiches and lovely cakes at a truly exquisite venue. An opportunity not to be missed!! £22 per person. You can come just for tea but **everyone MUST BOOK BY SATURDAY 7 JANUARY**. Bring very small lunch and some clean footwear. Moderate 7 miles.

Lynne 01432 271769 and Mary H 01432 357766

HEREFORD

Wednesday 18 January CHECKLEY STROLL

10.30. Meet at Swarndon Quarry car park, EXP189/SO 579385, for a short stroll around Checkley and Mordiford on lanes, tracks and footpaths. 4 miles. Moderate. BMMR. Registered Assistance Dogs only.

Jan 01531 634527

LEADON VALE

Thursday 19 January MORNING "WALK and TALK"

(see Special Events pages for more details.)

10.30. Park at the Point4 (Part of RNC) in Venn's Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely 4 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Friday 20 January FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 21 January DON'T SNEEZE AT THE PEPPER WOOD!

10.00. Park at Pepper Wood free car park EXP219/SO 938745. This is a lovely walk starting with a circuit of the appealing woodland wonderfully managed by a volunteer group. The walk follows a section of the Monarch's Way path through Royal Content Farm, a number of small woods, to Chaddesley Woods Nature Reserve before reaching Chaddesley Corbett village. After refreshments, the Forester's Walk takes us through fields and woodlands to Coalpit Coppice past the Chartist village of Dordale and eventually to the Pepper Wood car park. Likely to be muddy. 8 miles. Moderate. BPL.

David 01684 574205

LEADON VALE

Saturday 21 January EXPLORING THE WOOLHOPE DOME

10.00. (WRCP 09.20). Park at Haugh Wood Picnic Area, EXP189/SO 592365. Moderate 8 mile walk through the woods and fields of the Woolhope Dome. From Haugh Wood to Checkley, around Backbury Hill to Mordiford. We return along the Wye Valley Walk. BPL.

Sally 01989 565687 and Heather 01432 350341 or 07919 606856

ROSS

Sunday 22 January CIRCUIT OF THE HOPES AND PYONS

10.00. Park at Canon Pyon church (along small lane about one mile to NW of village, by Court Farm), EXP202/SO 450492. Comfortable winter walk via Canon Pyon, Lawton's Hope, Westhope and its common, Bush Bank and Kings Pyon. Footpaths, lanes, farmland and woods, with some easy hills and stiles. Moderate 7 miles. BPL.

Anthea and Martin 01432 769470 or 07583 048409

HEREFORD

Tuesday 24 January MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

**Tuesday 24 January COURTYARD SOCIAL SUPPER AT THE THEATRE
IN EDGAR STREET, HEREFORD**

Return of our popular supper evening every fourth Tuesday of the month from tonight. All members are invited to join us on the mezzanine floor where we have a table booked - meeting at 18.30 to eat at 19.00. Unless you are choosing from the downstairs salad bar, choices from the main menu need to be pre-ordered so we all get our food together (www.courtyard.org.uk for menu). Puddings available on the night. **Whatever you choose, it is essential for everyone to book with us (regulars and newcomers) by Saturday 21 January (01432 351493).** If you do not wish to eat, then just join us for a drink!

Friday 27 January FRIDAY MORNING WALK
(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 28 January TURNASTONE

10.00. (WRCP 09.15). Park at St Mary Magdalene Church, Turnastone OL13/SO 356364. Moderate 9.5 mile walk through the glorious Golden Valley countryside visiting a delightful village store and garage that time has forgotten, and the lovely isolated churches at St Margaret's and Michaelchurch Escley. BPL.

Ian F 01684 573180 or 07892 812999

ROSS

Sunday 29 January THE WOOLHOPE DOME

10.30. Park in Haugh Wood main car park EXP189/SO 592365, for a walk up and down the undulations of the Woolhope Dome, through woods and fields with lovely views.6 miles. Moderate. BPL. Can be modified if weather is inclement.

Janet 01531 640640

LEADON VALE

Tuesday 31 January MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Thursday 2 February MORNING "WALK and TALK"

(See Special Events pages for details.)

10.30. Park at the Point4 (Part of RNC) in Venn's Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely 4 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Thursday 2 February ROSS GROUP COFFEE & CHAT

10.30. Please join us for coffee and a chat at The Chase Hotel, Gloucester Road, Ross HR9 5LH. Everyone welcome.

Heather 01432 350341 or 07919 606856

ROSS

Friday 3 February FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 4 February HEREFORDSHIRE TRAIL – TITLEY TO BYTON
10.00. Park by Titley phone box near church, EXP201/SO331600, and walk the Herefordshire Trail over the Wapley Hill Iron Age fort to Byton, then back by lanes and paths. 9 miles. Moderate. BPL.
Tom 01886 821544 **LEADON VALE**

**Saturday 4 February ROSS ROUND: GREYTREE
TO HOLE-IN-THE-WALL, WOBAGE AND RUDHALL**
10.00. Park/start at Homs Road car park HR9 7DE, EXP189/SO 597246 and walk through fields via Backney, Hole-in-the-Wall, Wobage, Upton Crews, Hartleton, Rudhall and back to Greytree. Moderate 10 mile walk with climb from Hole-in-the-Wall. BPL. Dogs on short leads.
Elinor 01989 764092 **ROSS**

Sunday 5 February TWO HILLS CIRCUIT FROM GLADESTRY
10.00. Park at Gladestry village hall, opposite church, EXP201/SO 232553. On Offa's Dyke path, over Disgwylfa Hill to Newchurch, over Newchurch Hill and back via Colva to start. Path ascends to about 420m, with possible views. Moderate 10.5 miles. BPL.
Anthea and Martin 01432 769470 or 07583 048409 **HEREFORD**

Tuesday 7 February MORNING WALK
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050 **ROSS**

**Friday 10 February FRIDAY MORNING WALK
(see Special Events page)**
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Mary W 01432 273432 or Mary H 01432 357766 **HEREFORD**

Saturday 11 February OPEN TERRAIN IN THE PRESTEIGNE AREA
10.00. Park in the Forestry car park (free) off Broadaxe Road, EXP 201/SO 315635, for a walk to the south and west of Presteigne. Some hills but not rushed. 10 miles, moderate. BPL.
Wendy 01568 612556 **MORTIMER**

Saturday 11 February COLWALL
10.00. (WRCP 09.15). Park/start Brockhill Road, Colwall, EXP190/SO 758430. Moderate 9 mile walk with challenging climbs from Colwall to the central ridge of the Malverns, north to the Wyche and up to the Worcestershire Beacon; then round North Hill and back on a lower level to Colwall. BPL.
Mary 01989 565888 **ROSS**

Monday 13 February COFFEE MORNING IN HEREFORD
10.00. Meet up for a chat at "Cookies" cafe behind Boots in Hereford. Everyone is welcome, so come along for a friendly get together and exchange of ideas. Enquiries 01432 351493.

Tuesday 14 February MORNING WALK
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050 **ROSS**

**Wednesday 15 February TEASHOP WALK FROM THE POTTING SHED
AT RADWAY BRIDGE GARDEN CENTRE, WITHINGTON**

10.00. Park at far end of the Garden Centre CP, off the A4103 just west of Withington – HR1 3RX. EXP202/SO 554425. Walk through Nunnington to Withington Marsh, where you can walk along the line of the old Herefordshire and Gloucestershire Canal and look at what was once the wharf, then round Thinghill and back down to the canal to see the site of the old lock, through Withington, then back to Radway for cakes, tea and optional shopping! BPL. Moderate 7.5 miles, with muddy sections. On return everyone is expected to buy cake and tea.

Lynne 01432 271769 and Mary H 01432 357766

HEREFORD

Wednesday 15 February WOOLHOPE AND SOLLERS HOPE

10.00. Meet at Woolhope Village Hall, EXP189/SO 611356 (£1 per car). A varied walk to Sollers Hope, then up, along and down the Marcle Ridge returning to Woolhope via Hyde Common. 6.5 miles. Moderate with a long climb up to the Marcle Ridge. BPL. Registered Assistance Dogs only.

Jan 01531 634527

LEADON VALE

Thursday 16 February MORNING “WALK and TALK”

(See Special Events pages for details.)

10.30. Park at the Point4 (Part of RNC) in Venn’s Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely 4 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Friday 17 February FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 18 February CLEARWELL, NEWLAND AND DARKHILL

10.00. (WRCP 09.15). Park/start Darkhill Forestry Commission car park, OL14/SO 588086. From the crossroads in Coalway (1 mile east of Coleford), take the road towards Parkend. The road enters the forest. In just over half a mile you will see wooden barriers either side of the road where a cycleway crosses. Almost immediately take a right fork towards Sling. The short entrance track signed “Darkhill Car Park” is on the right after about 300 yards. A walk of great contrasts: ancient iron mining sites, beautiful secluded valleys, the lovely village of Newland and sites of significant industrial heritage. Undulating, with paths a bit rough in places. Moderate 9.5 miles. BPL.

Bob 01989 769050 or 07985 044735

ROSS

**Sunday 19 February DORMINGTON TO TARRINGTON/PERTON
(BUS WALK)**

10.10. Catch the 476 Ledbury bus at 10.15 from Hereford Country Bus Station – EXP189/SO 515403 (also calls at Shire Hall and at stops on the Ledbury Road). Walk via Mordiford and Checkley through attractive varied countryside and with some good views. Bus back arrives in Hereford at 15.40. 7 miles, moderate, with a long climb near the end. BPL. Registered Assistance Dogs only.

Mike L 01432 270018

HEREFORD

Sunday 19 February **WALK FROM MALVERN COMMON**
11.00. Meet at the car park on Peachfield Road, near to the football pitch, EXP190/SO 775445 for a circular walk taking in the lower slopes of the Malverns. Good views on a clear day.
5 miles. Moderate. BPL.
Kim 07527 109455

LEADON VALE

Tuesday 21 February **MORNING WALK**
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Wednesday 22 February **WALKING AROUND BROMYARD**
10.30. Meet at Tenbury Road Car Park, Bromyard, EXP202/SO 653548 for a gentle stroll up the delightful Frome Valley and the haunted church of Avenbury. Optional cafe or pub for lunch afterwards. 3 miles. Easy.
Tom 01886 821544

LEADON VALE

Friday 24 February **FRIDAY MORNING WALK**
(see Special Events page)
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 25 February **MUST BE SURE AT PERSHORE**
10.00. Park at Pershore picnic place on the B4084 to Evesham, EXP190/SO 592450. This walk starts just beyond the lovely little town of Pershore and goes on the Wychavon Way to Pensham, then following the river Avon to the picturesque villages of Great Comberton and Little Comberton. The route then crosses mainly fields back to Pershore which is well worth a visit and provides refreshments for weary walkers. 6 miles. Easy. BPL.
David 01684 574205 or 07919 421770 in the event of possible flooding.

LEADON VALE

Saturday 25 February **EXPLORING THE TEME VALLEY**
10.00 Park at Brimfield Village Hall car park. EXP 203/SO 526677. Hopefields, River Teme, Lower Upton, Brimfield Hill. 7 miles. Moderate. BPL. Registered Assistance Dogs only.
Mike 01568 616473 07947000578

MORTIMER

Saturday 25 February **KILPECK**
10.00. (WRCP 09.20). Park/start Kilpeck Village Hall (donation appreciated). OL13/SO 446302. Moderate 10 mile walk (with numerous stiles and some climbs) through meadows and woodland from Kilpeck to Kentchurch. Excellent views. BPL.
Ian F 01684 573180 or 07892 812999

ROSS

Tuesday 28 February **MONMOUTH TO DINGESTOW**
10.00. Park/start King's Fee Industrial Estate, off Wonastow Road, by Robert Price Building. OL14/SO 498124. We take in the views around Monmouth, then walk to the historical house Treowen and Dingestow Church, returning through Kingswood on Offa's Dyke Path. Moderate 9 mile walk with two steady climbs. BPL.
Neville 01989 564878

ROSS

Tuesday 28 February **MORNING WALK**
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

**Tuesday 28 February COURTYARD SOCIAL SUPPER AT THE THEATRE
IN EDGAR STREET, HEREFORD**

Return of our popular supper evening every fourth Tuesday of the month from tonight. All members are invited to join us on the mezzanine floor where we have a table booked - meeting at 18.30 to eat at 19.00. Unless you are choosing from the downstairs salad bar, choices from the main menu need to be pre-ordered so we all get our food together (www.courtyard.org.uk for menu). Puddings available on the night. **Whatever you choose, it is essential for everyone to book with us (regulars and newcomers) by Saturday 25 February (01432 351493).** If you do not wish to eat, then just join us for a drink!

Thursday 2 March ROSS GROUP COFFEE & CHAT

10.30. Please join us for coffee and a chat at The Chase Hotel, Gloucester Road, Ross HR9 5LH. Everyone welcome.

Heather 01432 350341 or 07919 606856

ROSS

Thursday 2 March MORNING "WALK and TALK"

(See Special Events pages for details)

10.30. Park at the Point4 (Part of RNC) in Venn's Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely 4 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Friday 3 March FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 4 March LINEAR WALK LYONSHALL TO WOONTON

09.00. Catch the 461 bus from Hereford Railway station, EXP202/SO 514405, at Maylord Orchards 09.07; Weobley 09.40 (car park). Arrive Lyonshall church 09.55. Walk via Lyonshall castle, remains of Offa's Dyke down to Holme Marsh, Almeley Dingle, finishing at The Ferney at Woonton, where refreshments are available while we wait for bus (15.05, Weobley15.20, Hereford 15.52). 8 miles, moderate. BPL.

John A. W. 01432 355833 or 07779 508204(on day)

HEREFORD

Saturday 4 March HEREFORDSHIRE TRAIL – BYTON TO LINGEN

10.00. Meet at Byton church, EXP201/SO 371642. We pick up the Herefordshire Trail to Lingen and then return via fields, lanes and the Lugg valley. 7.5 miles. Moderate. BPL. Registered Assistance Dogs only.

Jan 01531 634527

LEADON VALE

Saturday 4 March DEVAUDEN – WOLVESNEWTON

10.00. (WRCP 09.15). Park/start by the green at Devauden. OL14/ST 485988. Moderate 7.5 mile walk (with one steep climb) through the woodlands of Cobbler Plain to the remote church of Kilgwrrwa and also Wolvesnewton church. BPL

Neville 01989 564878

ROSS

Tuesday 7 March **STOWFIELD – HANGERBERRY WOOD**
10.00. Park/start by the old factory at Stowford (Lydbrook). OL14/SO 590175. We walk along the Wye then climb through Mailscot Wood to Hillersland; then meadows to Hangerberry Wood. Moderate 11 mile circular walk with good views. BPL.
Neville 01989 564878 **ROSS**

Tuesday 7 March **MORNING WALK**
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050 **ROSS**

Friday 10 March **FRIDAY MORNING WALK**
(see Special Events page)
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Mary W 01432 273432 or Mary H 01432 357766 **HEREFORD**

Saturday 11 March **CAPER AROUND CAPLE**
10.00. Meet at How Caple Grange Hotel EXP189/SO 616313, HR1 4TF. The walk, with lovely views, takes in Yatton Woods, Perrystone Estate and a section of the river Wye. 8 miles. Moderate. BPL. Registered Assistance Dogs only.
Kay 01684 575558 **LEADON VALE**

Saturday 11 March **VIEWS OF THE GLACIAL LAKE**
10.00. Park at Wigmore Village Hall CP, EXP 203/SO 416690. Lower Lye, Ballsgate Common, Leinthall Earls, The Novel. Moderate. 8.5 miles. BPL. Registered Assistance Dogs only.
Mike 01568 616473 07947 000578 **MORTIMER**

Saturday 11 March **COPPETT HILL**
10.00. (WRCP 09.20). Park/start at Bishopswood Village Hall HR9 5QT, on the B4232. OL14/SO 581189. Moderate 8 mile walk (with a couple of steep climbs) to see viewpoints from Coppett Hill and a riverside meadow. BPL.
Barbara 01989 762363 or 07845 466101 **ROSS**

Monday 13 March **COFFEE MORNING IN HEREFORD**
10.00. Meet up for a chat at “Cookies” cafe behind Boots in Hereford. Everyone is welcome, so come along for a friendly get together and exchange of ideas. Enquiries 01432 351493.

Tuesday 14 March **MORNING WALK**
10.00. Leisurely or moderate, 4 to 5 miles.
For details contact Sally 01989 565687 or Trisha 01989 769050 **ROSS**

Wednesday 15 March **TEASHOP WALK FROM MADLEY PLANTS.**
10.00. Park at Madley Plants garden centre on south side of B4352 heading west out of Madley towards Tyberton, HR2 9NT. EXP189/SO 413388. Walk through fields to Lulham, Canon Bridge, and Eaton Bishop, with lovely views of the River Wye. BPL. Moderate 7.5 miles with muddy sections. On return, everyone is expected to buy tea and cake.
Lynne 01432 271769 and Mary 01432 357766 **HEREFORD**

Thursday 16 March MORNING WALK AND TALK

10.30. Park at the Point4 (Part of RNC) in Venn's Lane, Hereford. Map: EXP189/SO 518412. Walks start from the Reception near the car park and go to Tupsley, Lugg Meadows, Holmer or Queenswood. These interesting short walks are inclusive to all and are changed to suit the group. They include field-paths and lanes, some stiles, inclines or muddy sections. Optional refreshments at end of walk. Leisurely 4 miles.

Arthur 01432 264374 and Mary 01432 357766

HEREFORD

Friday 17 March**FRIDAY MORNING WALK**

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 18 March**MAGICAL HILLS OF PAINSCASTLE**

10.00. Park neatly on the road (£1) at Bryngwyn church, Painscastle, EXP188/SO 187495. An adventure in the remoter Welsh borders round or over Glaschw, Red and Llanbedr Hills. Moderate. 11 miles. BPL.

Tom 01886 821544

LEADON VALE

Saturday 18 March**DYMOCK**

10.00. (WRCP 09.15). **Park considerably in the village** and meet in front of St Mary's church. EXP190/SO 701313. This walk follows field, woodland and nature reserve paths, through part of the area settled by the Dymock group of First World War Poets. Moderate 6.5 mile walk. BPL.

Sally 01989 565687 and Penny 01989 485264

ROSS

Sunday 19 March**HAY HO! BUS WALK - VOWCHURCH TO KINGSTONE**

10.15. Catch the Hay Ho! bus 39A from Hereford Railway Station, EXP189/SO 515405 (calls at Country Bus Station, Broad St, Tesco Belmont etc) to Vowchurch. Members coming from elsewhere can park in Kingstone and catch the bus at 10.40. From Vowchurch to St Margarets on the Herefordshire Trail and on, to cross the Dore and Grey Valleys, to Kingstone. Time for tea at The Bull's Head before catching the bus at 18.03 (arr Hereford 18.23). 7.5 miles, moderate. BPL.

Philip 01981 500398

HEREFORD

Tuesday 21 March**DAFFODIL WALK**

10.00. Park/start at Linton Wood, part of Dymock Forest, just past Ross Golf Club. OL14/SO 667267. Leisurely 7.5 mile walk through the woodlands of Dymock, Shaw Common and Haywood to Kempsey. BPL.

Neville 01989 564878

ROSS

Tuesday 21 March**MORNING WALK**

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Wednesday 22 March**WALKING AROUND BROMYARD**

10.30. Meet at the public car park on Bromyard Downs(next to Royal Oak), EXP202/SO 670588. Enjoy a walk over the magnificent Bromyard Downs, with panoramic views. Optional pub for drink/lunch. 3 miles. Easy.

Tom 01886 821544

LEADON VALE

Friday 24 March

FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

HEREFORD

Saturday 25 March

THE “NO HILLS” WALK ON THE MALVERNS

10.00. Meet at the Clock Tower on the North Malvern Road B4232 (car parks adjacent) EXP190/SO 770470. The walk follows the lower paths on the hills and is fairly flat with no stiles, making it easy walking. It proceeds in a southerly direction to the Wyche Cutting, passing the Gold Mine and continuing on the east side of the hills with wonderful views across Worcestershire to Bredon Hill and the Cotswolds beyond. It passes the Holy Well where Malvern water is available, and eventually arrives at British Camp for welcome refreshments at the pub or kiosk. The return route is on the west side of the hills with fantastic views across Herefordshire to the Black Mountains and Hay Bluff in the distance, passing through “Little Switzerland” to the Wyche cutting continuing on the west side of the hills passing the Royal Well spout and through West Malvern back to the North Malvern start. Moderate. 9 – 10 miles. BPL.

David 01684 574205

LEADON VALE

Saturday 25 March

UP ABOVE PONTYPOOL

10.00. (WRCP 09.00). Park/start at Goytre Wharf. OL13/SO 312064. We follow the Brecon Canal then ascend a Roman “road” up to Folly Tower to enjoy both rural and industrial views. The vistas continue from the ridge of Myndd Garn-wen until we descend past woods and fields to Goytre Wharf for refreshments. Moderate 9 mile walk with one steep climb. BPL.

Denise 01600 716260 or Martin 07855 639710

ROSS

Tuesday 28 March

MORNING WALK

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Sally 01989 565687 or Trisha 01989 769050

ROSS

Tuesday 28 March

COURTYARD SOCIAL SUPPER AT THE THEATRE

IN EDGAR STREET, HEREFORD

Return of our popular supper evening every fourth Tuesday of the month from tonight. All members are invited to join us on the mezzanine floor where we have a table booked - meeting at 18.30 to eat at 19.00. Unless you are choosing from the downstairs salad bar, choices from the main menu need to be pre-ordered so we all get our food together (www.courtyard.org.uk for menu). Puddings available on the night. **Whatever you choose, it is essential for everyone to book with us (regulars and newcomers) by Saturday 25 March (01432 351493).** If you do not wish to eat, then just join us for a drink!

Friday 31 March

FRIDAY MORNING WALK

(see Special Events page)

10.00. Leisurely or moderate, 4 to 5 miles.

For details contact Mary W 01432 273432 or Mary H 01432 357766

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