



**ramblers**  
at the heart of walking

# *Herefordshire Ramblers*

## **WALKS PROGRAMME** **April - July 2017**

The events in this programme are organised by members of the four groups of the Ramblers in the Herefordshire Area. They are open to everyone including non-members.

All visitors are very welcome. We would hope to eventually welcome you as a Ramblers member.

***“The Ramblers encourages walking; protects rights of way; and has campaigned for many years for freedom to roam over uncultivated, open country and defends the beauty of the countryside”.***

The Ramblers' Association is a company limited by guarantee, registered in England and Wales. Company Registration no 4458492. Registered charity in England and Wales no 1093577.  
Registered Office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW

## **CONTACT INFORMATION**

<b>Herefordshire Ramblers Committee</b>	Chairman	Arthur Lee	01432 264374
	Secretary and		
	Membership Secretary	Eddie Hunt	01432 269104
	Footpath Co-ordinator	Philip Bauer	01981 500398
<b>Hereford Group Committee</b>	Chairman	Martin	
		Hebblethwaite	01432 769470
	Secretary	Arthur Lee	01432 264374
	Walks Secretary	Mary Howcroft	01432 357766
	Footpath Secretary East	Duncan Smart	01432 265357
	Footpath Secretary West	Philip Bauer	01981 500398
	Footpath Secretary North	John Winterfeld	01432 355833
	Footpath Secretary South	Vacant	
Membership Secretary	Vacant		
<b>Leadon Vale Group Committee</b>	Chairman	David Hawkins	01684 574205
	Secretary and		
	Membership Secretary	Tom Fisher	01886 821544
	Footpath Officer	Lynn Crowfoot	01531 631088
	Walks Secretary	Mary Woodage	01684 541071
<b>Mortimer Group Committee</b>	Chairman	Mike Goodwin	01568 616473
	Secretary and		
	Membership Secretary	Pat Bickerton	01568 780827
	Footpath Officer	Martin Bradford	01568 780151
	Walks Secretary	Philip Emes	01568 612847
<b>Ross-on-Wye Group Committee</b>	Chairman	Ian Foster	01684 573180
	Secretary	Liz Reeson	07821 593151
	Membership Secretary	Trisha Selmes	01989 769050
	Footpath Officer	Nigel Doré	07917 646743
	Walks Secretary	Ann Edwards	01432 268200

Our Walks Programme can be found on the following web pages:-

[www.ramblers.org.uk](http://www.ramblers.org.uk) - [www.visitherefordshire.co.uk](http://www.visitherefordshire.co.uk) - [www.herefordshireramblers.org.uk](http://www.herefordshireramblers.org.uk)

**PLEASE REPORT ANY FOOTPATH PROBLEMS:** using Herefordshire Council's online reporting form <https://www.herefordshire.gov.uk/transport-and-highways/footpaths-byways-and-bridleways/cg-report-prov-problem>.

or telephone 01432 261800. Please include a grid reference if possible.

Please also let the Footpath Secretary of your Group know, for their own records.

## **OUR WALKS: PLEASE READ THESE IMPORTANT INSTRUCTIONS**

**General:** As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

**Insurance:** All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

### **Guidance on grades**

- **Easy Access:** Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.
- **Easy:** Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.
- **Leisurely:** Walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing recommended.
- **Moderate:** Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.
- **Strenuous:** Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.
- **Technical:** Walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes and crampons. You must contact the Leader in advance for further details.

### **Transport/Car Parking:**

**Think green, try and car share.** If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism. Walk leaders should provide details of bus times etc.

The pick up point for Ross Group – **WRCP** = Wilton Road Car Park (parking fee £1 all day).

### **Notes:**

For a full days walk bring a packed lunch = **BPL** - and plenty to drink.

For a half days walk bring a mid-morning refreshment = **BMMR**.

**Dogs:** Dogs are allowed on walks unless it states "**registered assistance dogs only**" in the walk details. If you wish to bring a dog, please contact the Walk leader beforehand.

# **Special Events**

## **April to end July 2017**

### **HEREFORDSHIRE TRAIL**

Leadon Vale Group is currently walking The Herefordshire Trail by doing circular walks on the first weekend of the month, doing 3 walks in each programme.

### **HEREFORDSHIRE TRAIL WEEK – from 8 July to 15 July**

During this week several walks have been organised to use a section of the Herefordshire Trail. We hope to make this an annual event to ensure that more of the Trail is cleared of undergrowth, etc, that broken stiles are reported and repaired, that signage is improved and farmers reminded to clear paths through their crops. This Trail was designed by a team of Herefordshire Ramblers and is now maintained by a new team of current Ramblers from all four groups with the help of Herefordshire Council through Balfour Beatty. If you would like to help, please contact your Footpath Secretary.

### ***Regular Events***

- **Each Friday morning**

- **HEREFORD GROUP – MORNING WALK**

- Each Friday morning HEREFORD GROUP – MORNING WALK

- Mary Watkins has started up a programme of shorter 4 mile walks for all who wish to join her on Friday mornings. We are sending out the details by email or you can ring her for details and starting points, and also if you would like to help with the walks.

- Mary 01432 273432

- **2nd Monday in each month at 14.30**

- **HEREFORD GROUP – NEW VENUE FOR MONTHLY “MEET FOR A CUPPA”**

- Come along from 14.30 for an afternoon “Cuppa at Die Koffie Pot” – in the Courtyard behind the Left Bank in Bridge Street. See programme for future dates. Members and newcomers from all groups are very welcome. Enquiries 01432 351493.

- **1st and 3rd Thursdays in the month at 10.30. MORNING “WALK and TALK”**

- **Dates will be shown in the programme. Map Ref. EXP189/SO 518412**

- There will be a variety of walks starting at 10:30am from the reception at the Point4 (part of the Royal National College for the Blind) in Venn’s Lane, Hereford, HR1 1DT). It is fully inclusive to ALL, including Ramblers members, Walking for Health participants, Carers etc. So come and try our walks and share with us how we can tailor them to meet your needs! Bus users can use the 81A and 77 services. Please check the current timetables carefully to find suitable times and bus stops.

- Enquiries Arthur Lee. 01432 264374 or Mary Howcroft 01432 357766

- **1st Thursday of every month at 10.30**

- **ROSS GROUP - COFFEE & A CHAT**

- We meet up for coffee and a chat at the Chase Hotel, Gloucester Road, Ross, HR9 5LH at 10.30 on the first Thursday of every month. All welcome.

- Any queries contact Heather on 07919 606856 or 01432 350341.

- **HEREFORD GROUP - TEA SHOP WALKS**

- The aim of the teashop walks is to put some “pennies” back into the local shops and communities in places where we have enjoyed their countryside and, usually, have been allowed free parking. If you join in on a Tea Shop Walk, it is expected that you buy cake and tea at the end.

- Lynne 01432 271769 and Mary 01432 357766.

# Herefordshire Area Walks Programme

## April to end of July 2017

All members and non-members are welcome to walk with any group. Group abbreviations are shown on title lines as follows: Hereford (H), Leadox Vale (LV), Mortimer (M), Ross (R).

### **HEREFORDSHIRE TRAIL – LINGEN TO BRAMPTON BRYAN (LV)**

Date: **Saturday 1 April** Walk the Herefordshire Trail from Lingen to Brampton Bryan, returning via lanes and footpaths. BPL.  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **Lingen Village Hall**  
Map/Grid ref: **EXP 201/SO 364673**  
Time: **10.00**  
Leader: **Mary**  
Contact: **01684 541071**

### **LLANTHONY (R)**

Date: **Saturday 1 April** Walk starts with a 1500ft climb westwards from the valley floor on the Bal Bach side. After crossing some moorland, join the Beacons Way to gradually descend southwards to cross the Afon Honddu. Return to Llanthony via Cwmyoy and the lower slopes on the east side of the valley. BPL.  
Level: **Strenuous**  
Distance: **11 miles**  
Meeting Place: **Llanthony Priory CP, NP7 7NN**  
Map/Grid ref: **OL13/SO 289278**  
Time: **10.00 (WRCP 08.50)**  
Leader: **Bob**  
Contact: 01989 769050 or 07985 044735

### **PETERSTOW TO PENGETHLEY (BUS WALK) (H)**

Date: **Sunday 2 April** Catch 32 Ross/Gloucester bus at 10.00 from Hereford Railway Station (also calls at Country Bus Station, Broad Street, stops on Ross road). Walk via Sellack, River Wye and Pengethly Park. Bus back arrives Hereford at 15.47. BPL. Registered Assistance Dogs only.  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Hfd Railway Station**  
Map/Grid Ref: **EXP189/SO 515045**  
Time: **10.00 – 15.50**  
Leader: **Mike L**  
Contact: **01432 270018**

### **ROSS GROUP MORNING WALK**

Group: **Ross** For details contact Sally 01989 565687 or Trisha 01989 769050.  
Date: **Tuesday 4 April**  
Level: **Leisurely or moderate**  
Distance: **4 – 5 miles**

### **MORNING “WALK AND TALK” FROM THE POINT 4 (H)**

Group: **Hereford**  
Date: **Thursday 6 April**  
Level: **Leisurely**  
Distance: **4 miles**  
Meeting Place: **Point 4 reception**  
Map/Grid Ref: **EXP189/SO 518412**  
Time: **10.30**  
Leader: **Mary or Arthur**  
Contact: **01432 357766/264374**

Park at Point 4, Venns Lane, Hereford. One of several walks in the hills or along the River Lugg or through Tupsley or Queenswood. These short walks are open to all. They include field paths and lanes, some stiles, inclines and muddy sections. Optional refreshments.

### **ROSS GROUP COFFEE & CHAT**

Date: **Thursday 6 April**  
Time: **10.30**  
Contact: **Heather 01432 350341 or 07919 606856**

Please join us for coffee and a chat at The Chase Hotel, Gloucester Road, Ross HR9 5LH. Everyone welcome.

### **FRIDAY MORNING WALK (H)**

Date: **Friday 7 April**  
Level: **Leisurely to Moderate**  
Distance: **4 - 5 miles**  
Time: **10.00**

Leisurely to moderate walks. Dogs welcome on short leads. Contact Mary W for details **01432 273423**

### **KNUCKLAS TO KNIGHTON (M)**

Group: **Mortimer**  
Date: **Saturday 8 April**  
Level: **Moderate to strenuous**  
Distance: **9 miles (5 hours)**  
Meeting Place: **Knighton Rail Station**  
Map/Grid ref: **EXP201/SO 291724**  
Time: **09.45**  
Leader: **Mike**  
Contact: **01568 616473 / 07947 000578**

Catch the 09.50 train to Knucklas. Steady climb south-west of Knucklas towards Llangunllo. Pick up Glyndwr’s Way for high level walk back to Knighton. Great views. 1400ft of ascent. BPL. Registered Assistance Dogs only.

### **DEERHURST – CHEAP AT THE PRICE! (LV)**

Group: **Leadon Vale**  
Date: **Sunday 9 April**  
Level: **Easy**  
Distance: **7 miles**  
Meeting Place: **Odda’s Chapel**  
Map/Grid ref: **EXP 179/SO 868298**  
Time: **10.00**  
Leader: **David**  
Contact: **01684 574205**

Park at Odda’s Chapel, Deerhurst, off B4213. A very interesting and relaxing historical walk, taking in Apperley and following the overgrown Combe Hill Canal to the River Severn. Return via Haw Bridge. BPL.

### **PONTSTICILL (JOINT WALK WITH PONTYPOOL RAMBLERS) (R)**

Date: **Sunday 9 April** From car park we climb up to the remains of Morlais Castle, over to Brecon Mountain  
Level: **Strenuous** Railway, then paths around Pontsticill Reservoir  
Distance: **10 miles** and back to the cars via Pontsticill. BPL.  
Meeting Place: **Car Park**  
Map/Grid ref: **OL12/SO 045096**  
Time: **10.15**  
**(WRCP 09.00)**  
Leader: **Andy**  
Contact: 01873 832066 /07586  
561967

### **AFTERNOON TEA AT THE KOFFIE POT, GWYNNE STREET, HEREFORD (H)** **Monday 10 April at 14.30. Dogs welcome under control. Tel.01432 351493**

### **ROSS GROUP MORNING WALK Tuesday 11 April (see 4 April for details)**

### **FRIDAY MORNING WALK (H) Friday 14 April (see 7 April for details)**

### **TINTERN FIGURE OF EIGHT**

Group: **Ross**  
Date: **Saturday 15 April** Lay-by is on right just before Brockweir Bridge.  
Level: **Moderate** Old Station, Tintern, St. Mary's Church, Fedw  
Distance: **9.5 miles** Woods, Angidy Iron Works, Glyn Wood, back  
Meeting Place: **Lay-by on A466** down to Wireworks Bridge at Tintern and  
Map/Grid ref: **OL14/SO 537013** return to Brockweir via Offa's Dyke Path.  
Time: **10.00 (WRCP 09.10)** Although moderate, there are three strenuous  
Leader: **Mark** uphill sections, one of which is very muddy and  
Contact: **01989 567914** uneven. Small fit dogs only. BPL.

### **OVER THE HILLS FROM FOWNHOPE (H)**

Date: **Monday 17 April** For car park, turn south at church, then right  
Level: **Moderate** down narrow lane. Walk up Common Hill to  
Distance: **8 miles** Lea and Paget's Wood nature reserve, then  
Meeting Place: **Recreation Ground CP** across the valley and up to Capler Camp Iron  
Map/Grid ref: **EXP189/SO 578340** Age fort and back along the river Wye. BPL.  
Time: **10.00**  
Leader: **Marian**  
Contact: **01432 341826**

### **ROSS MORNING WALK Tuesday 18 April (see 4 April for details)**

## **TEA SHOP WALK FROM THE COPPER KETTLE AT LLANDEWI SKIRRID (H)**

Date: **Wednesday 19 April** CP on B4521 Skenfrith Road. Walk in the shadow of the Ysgyryd Fawr, then on to Llangattock Lingoed to join the Offa's Dyke path south to Caggle Street. Then cross country back to the Copper Kettle. Pleasant undulating terrain. On return everyone is expected to buy cake and tea. BPL.

Level: **Moderate**

Distance: **8 miles**

Meeting Place: **Skirrid Mountain car park**

Map/Grid ref: **OL13/SO 328164**

Time: **10.00**

Leader: **Lynne and Mary**

Contact: **01432 271769 / 357766**

## **THREE HORSESHOES**

Group: **Leadon Vale**

Date: **Wednesday 19 April**

Level: **Easy**

Distance: **5.5 miles**

Meeting Place: **Three Horseshoes Inn, Little Cowarne HR7 4RQ** A walk exploring the Lodon Valley, the smallest river in Herefordshire and the delightful village of Stoke Lacy. Drink in pub afterwards. BMMR.

Map/Grid ref: **EXP 202/SO 605509**

Time: **10.00**

Leader: **Tom**

Contact: **01886 821544**

## **MORNING "WALK AND TALK" FROM THE POINT 4 (H) Thursday 20 April (see 6 April for details)**

## **FRIDAY MORNING WALK (H) Friday 21 April (see 7 April for details)**

## **OVER THE MALVERN HILLS AND FAR AWAY**

Group: **Leadon Vale**

Date: **Saturday 22 April**

Level: **Strenuous**

Distance: **12 miles**

Meeting Place: **Clock Tower, West Malvern Road, B4232** FREE parking in car park to right of the Clock Tower. A variable walk with many ascents and descents, taking in End and North Hills, West Malvern, Cradley and Mathon Estate. BPL

Map/Grid ref: **EXP190/SO 770469**

Time: **10.00**

Leader: **David**

Contact: **01684 574205**

## **GARWAY WALK**

Group: **Hereford**

Date: **Saturday 22 April**

Level: **Moderate**

Distance: **5 miles**

Meeting Place: **Garway Hill Common** Walk to the top of Garway Hill Common in this quiet area of south Herefordshire. From the trig point, we could see the morning sun rise from the east, if we were early enough. Continue across the Common and around Garway before returning to the cars. BPL.

Map/Grid ref: **EXP189/SO 442 248**

Time: **10.30 – 14.00**

Leader: **Marika**

Contact: **01432 265392**



### **MOORLAND EAST OF THE WYE (M)**

Date: **Saturday 22 April**  
Level: **Moderate/energetic**  
Distance: **11 miles**  
Meeting Place: **Common at Pen-y-Graig  
(N.E. of Erwood)**  
Map/Grid ref: **EXP188/SO 108458**  
Time: **10.00**  
Leader: **Wendy**  
Contact: **01568 612556**

Walk over open moorlands towards Llanbedr including Aberedw Rocks. BPL.

### **BRAMPTON HILL (R)**

Date: **Saturday 22 April**  
Level: **Moderate**  
Distance: **8.5 miles**  
Meeting Place: **Brampton Golf Course,  
Madley HR2 9LX**  
Map/Grid ref: **OL13/SO 409374**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Mary**  
Contact: **01989 565888**

Walk up Stone Street to Brampton Hill wood with a scenic return via New Barn Farm and Lady Coppice, Shenmore and Cublington. Pretty woodland paths and fantastic views. BPL.

### **ROSS MORNING WALK Tuesday 25 April (see 4 April for details)**

### **COURTYARD SOCIAL SUPPER AT THE COURTYARD (H)**

Group: **Hereford**  
Date: **Tuesday 25 April**  
Meeting Place: **Courtyard Theatre, Edgar  
Street, Hereford**  
Time: **18.30 to eat at 19.00**  
Contact: **01432 351493**

Join us on the mezzanine floor where we have a table booked. Choose from the menu [www.courtyard.org.uk](http://www.courtyard.org.uk). Essential to book by Sat. 22 April – ring 01432 351493 with your choice Option to join just for a drink.

### **MORNING WALK ON THE SLOPES OF FROMES HILL (LV)**

Group: **Leadon Vale**  
Date: **Wednesday 26 April**  
Level: **Moderate**  
Distance: **4.5 miles**  
Meeting Place: **Major's Arms, Halmonds  
Frome**  
Map/Grid ref: **EXP 202/SO 675481**  
Time: **10.00**  
Leader: **Jan**  
Contact: **01531 634527**

Park neatly in pub car park for a walk on quiet lanes and footpaths, with lovely views and a tiny church. The Hop Pocket is just at the bottom of the hill, for pre- or post- walk refreshment. BMMR.

### **FRIDAY MORNING WALK (H) Friday 28 April (see 7 April for details)**

## **SUGAR LOAF**

Group: **Ross**  
Date: **Saturday 29 April**  
Level: **Strenuous**  
Distance: **10-11 miles**  
Meeting Place: **Fro Car Park (free)**  
Map/Grid ref: **OL13/SO 292201**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Terry**  
Contact: **01981 240542 Or 07794  
145134**

Car park is between Bettws and Forest Coal Pit. Walk up and over the Sugar Loaf, down to Llangenny, along the Grwyne Fawr, hopefully with bluebells and back along the side of Sugar Loaf. BPL.

## **CIRCULAR WALK FROM BISHOPS FROME (H)**

Date: **Monday 1 May**  
Level: **Moderate**  
Distance: **8.5 miles**  
Meeting Place: **Bishops Frome CP**  
Map/Grid ref: **EXP202/SO 664484**  
Time: **10.00**  
Leader: **Alan and Shirleyann**  
Contact: **01568 612889 /07989  
045423**

The car park is behind Bishops Frome village green. Walk following the Herefordshire Trail and the Leadon Valley. BPL.

**ROSS MORNING WALK Tuesday 2 May (see 4 April for details)**

**MORNING "WALK AND TALK" FROM THE POINT 4 (H) Thursday 4 May (see 6 April for details)**

**ROSS GROUP COFFEE & CHAT Thursday 4 May (see 6 April for details)**

## **EVENING WALK – ROSS R)**

Date: **Thursday 4 May**  
Level: **Moderate**  
Distance: **4 miles**  
Meeting Place: **Fernbank Road CP**  
Map/Grid ref: **EXP 189/SO 598231**  
Time: **19.00**  
Leader: **Sally**  
Contact: **01989 565687**

A four mile walk through Chase Wood and Coughton. One steep descent which could be slippery. Dogs on short leads welcome.

**FRIDAY MORNING WALK (H) Friday 5 May (see 7 April for details)**

## **HEREFORDSHIRE TRAIL – BRAMPTON BRYAN TO LEINTWARDINE**

Group: **Leadon Vale**  
Date: **Saturday 6 May**  
Level: **Moderate**  
Distance: **8 miles (approx)**  
Meeting Place: **Aardvark Bookshop,  
Brampton Bryan**  
Map/Grid ref: **EXP201/SO 370723**  
Time: **10.00**  
Leader: **Tom**  
Contact: **01886 821544**

Park outside the Bookshop and follow the Herefordshire Trail to Leintwardine, returning via lanes, paths and (hopefully) Coxall Knoll, for refreshments at Aardvark Books café. BPL.

## **LONGTOWN - CLODOCK**

Group: **Ross**  
Date: **Saturday 6 May**  
Level: **Moderate**  
Distance: **6.5 miles**  
Meeting Place: **Longtown Village Hall  
(donation for parking)**  
Map/Grid ref: **OL13 /SO 323288**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Annie**  
Contact: **01432 359450 or 07909  
584160**

Steady climb for about a mile up to Rhiw Lane. This green lane runs parallel to Offa's Dyke Path and, as it fords several streams, may well be wet and muddy, but stunning views. Return via Clodock and River Monnow. BPL.

**AFTERNOON TEA AT THE KOFFIE POT, GWYNNE STREET, HEREFORD (H)**  
**Monday 8 May at 14.30. Dogs welcome under control. Tel. 01432 351493**

**ROSS MORNING WALK Tuesday 9 May (see 4 April for details)**

**FRIDAY MORNING WALK (H) Friday 12 May (see 7 April for details)**

## **DYMOCK TO LEDBURY – BUS WALK (LV)**

Date: **Saturday 13 May**  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Ledbury Market House**  
Map/Grid ref: **EXP 190/SO 712377**  
Time: **11.00**  
Leader: **Jan**  
Contact: **01531 634527**

Meet at the Market House, perhaps after a coffee in one of the many cafés in the town, to catch the 132 bus to Dymock, departing at 11.05. Walk back to Ledbury via Donnington (lunch at church) Parkway and Coneygree Wood. BPL.

### **LEDBURY CIRCULAR (R)**

Date: **Saturday 13 May**  
Level: **Moderate**  
Distance: **7 – 8 miles**  
Meeting Place: **Bridge Street CP (£2 all day)**  
Map/Grid ref: **EXP 190/SO 708377**  
Time: **10.00 (WRCP 09.00)**  
Leader: **Sally and Heather**  
Contact: 01989 565687 /01432  
350341

Walk through orchards and meadows towards Wellington Heath and Frith Wood. BPL.

### **HAY HO! BUS WALK – OLD CLEHONGER TO MADLEY**

Group: **Hereford**  
Date: **Sunday 14 May**  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Hereford Railway Station**  
Map/Grid ref: **EXP189/SO 515 405**  
Time: **10.10**  
Leader: **Les**  
Contact: **01584 877588**

Catch the 39A bus from the station at 10.15 (also calls at Country Bus Station, Broad Street, Tesco Belmont). Walk via Ruckall, Eaton Bishop and Swinmoor on paths with some stiles and back lanes. Time for a drink at The Comet before returning to Hereford (arr.16.00). BPL.

### **ROSS MORNING WALK Tuesday 16 May (see 4 April for details)**

### **TEA SHOP WALK FROM LATTE DA , CRICKHOWELL**

Group: **Hereford**  
Date: **Wednesday 17 May**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **Crickhowell Car Park**  
Map/Grid Ref: **OL13/SO 218183**  
Time: **10.00**  
Leader: **Lynne and Mary**  
Contact: **01432 271769 / 357766**

Park behind the Fire station on the east side of Crickhowell (fee). Cross the bridge and walk steeply up the old tramway to the caves and quarries. Then along the canal to see the old lime kilns. On return everyone is expected to buy cake and tea. BPL.

### **MORNING “WALK AND TALK” FROM THE POINT 4 (H) Thursday 18 May (see 6 April for details)**

### **EVENING WALK – CHASE HILL (R)**

Date: **Thursday 18 May**  
Level: **Moderate**  
Distance: **3.5 miles**  
Meeting Place: **Fernbank Road CP**  
Map/Grid ref: **OL14/SO597231**  
Time: **19.00**  
Leader: **Trisha**  
Contact: **01989 769050**

Car park is just off Eastfield Road , Sat Nav HR9 5PP, and is free.

### **FRIDAY MORNING WALK (H) Friday 19 May (see 7 April for details)**

### **STEAM TRAIN TO PARADISE (LV)**

Date: **Saturday 20 May**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **Toddington GWR Station**  
Map/Grid ref: **OL45/SP 050325**  
Time: **09.30**  
Leader: **David**  
Contact: **01684 574205**

Station is on the B4077 Stow on the Wold road. We catch the train to Cheltenham racecourse and walk across to Cleeve Common, Postlip Mill and on to Winchcombe, where it is planned to stop for a cream tea. Cross fields to the remains of Hailes Abbey and follow the railway line back to the start. BPL.

### **GLASCWM (M)**

Date: **Saturday 20 May**  
Level: **Moderate to strenuous**  
Distance: **9.5 miles**  
Meeting Place: **Layby**  
Map/Grid ref: **Exp200/SO 166534**  
Time: **10.00**  
Leader: **Mike**  
Contact: 01568 616473 /07947  
000578

Meet in lay-by half mile east of Glascwm, 4 miles west of Gladestry. Walk to the source of the River Arrow at Cwm Kesty. Cloggau, Llanerchir and Glascwm Hill. Great views. 1550ft of ascent. BPL. Registered Assistance Dogs only.

### **FOREST ROUND (R)**

Date: **Saturday 20 May**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **New Fancy CP**  
Map/Grid ref: **OL14/SO 627095**  
Time: **10.00 (WRCP 09.00)**  
Leader: **Mark**  
Contact: **01989 567914**

Staple Edge, Soudley, Wenchford. Return Mallards Pike. Mainly on forest tracks with one longer uphill section to Staple Edge bungalows. There will be mud. Small dogs with long legs only. BPL.

### **ROSS MORNING WALK Tuesday 23 May (see 4 April for details)**

### **COURTYARD SOCIAL SUPPER AT THE COURTYARD (H) Tuesday 23 May (see 25 April for details). Book by Sat 20 May.**

### **BRINGSTY COMMON (LV)**

Date: **Wednesday 24 May**  
Level: **Easy**  
Distance: **3 miles**  
Meeting Place: **Live & Let Live, Bringsty**  
Map/Grid ref: **EXP 202/SO 700548**  
Time: **10.30**  
Leader: **Tom**  
Contact: **01886 821544**

Park at the pub on the common (or at the top of the track and walk down) for a walk exploring the wilder parts of Bringsty Common followed by a drink or lunch at the pub. BMMR.

### **FRIDAY MORNING WALK (H) Friday 26 May (see 7 April for details)**

## **LLANTHONY (R)**

Date: **Saturday 27 May**  
Level: **Strenuous**  
Distance: **9 miles**  
Meeting Place: **Llanthony Priory**  
Map/Grid ref: **OL13/SO 289278**  
Time: **10.00 (WRCP 08.50)**  
Leader: **Barbara**  
Contact: **01989 762363 /07845466101**

This walk explores the upper reaches of the Vale of Ewyas, climbing through the delightful Cwm Bwchel valley to traverse the Ffawyddog ridge. It descends to Capel-y-Ffin before a steep climb to the Offa's Dyke Path. The final descent offers stunning views of the ruins of Llanthony Priory. BPL.

## **MOUSE CASTLE AND CUSOP HILL**

Group: **Hereford**  
Date: **Sunday 28 May**  
Level: **Moderate**  
Distance: **9.5 miles**  
Meeting Place: **Entrance to CP at Hay**  
Map/Grid ref: **EXP201/SO 229422**  
Time: **10.00**  
Leader: **Anthea and Martin**  
Contact: **01432 769470 / 07583 048409**

Start from entrance to main car park (fee)(limited free parking in Recreation Ground on left going west along Brecon Road just beyond Capel-y-Ffin turn. Walk via Cusop Church, Mouse Castle and Cusop Hill. Moderate but with several hills. BPL.

## **WALK ON THE SOUTH MALVERNS (H)**

Date: **Monday 29 May**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **Hollybush car park**  
Map/Grid ref: **EXP190/SO 758368**  
Time: **10.00**  
Leader: **Marian**  
Contact: **01432 341826**

Car park off A438 on west side of the hills (no charge). Scenic walk with 2 strenuous climbs up over Chase End Hill, through woods and parkland to the Millpond, climb to top of British Camp, along to Gullet Quarry and return.

Good views throughout. BPL.

## **ROSS MORNING WALK Tuesday 30 May (see 4 April for details)**

## **MORNING "WALK AND TALK" FROM THE POINT 4 (H) Thursday 1 June (see 6 April for details)**

## **ROSS GROUP COFFEE & CHAT Thursday 1 June (see 6 April for details)**

## **EVENING WALK - PETERSTOW**

Group: **Ross**  
Date: **Thursday 1 June**  
Level: **Easy**  
Distance: **3 miles**  
Meeting Place: **Yew Tree Inn, Peterstow**  
Map/Grid ref: **EXP 189/SO 566244**  
Time: **19.00**  
Leader: **Sandra**  
Contact: **07766 837125**

An easy circular walk with some lane walking.

## **FRIDAY MORNING WALK (H) Friday 2 June (see 7 April for details)**

## HEREFORDSHIRE TRAIL FROM KINGTON

Group: **Mortimer**  
Date: **Saturday 3 June**  
Level: **Moderate**  
Distance: **10 miles (5.5 hours)**  
Meeting Place: **Mill Street CP, Kington**  
Map/Grid ref: **EXP201/SO 296565**  
Time: **10.00**  
Leader: **Mike**  
Contact: **01568 616473 or 07947 000578**

Linear walk on Herefordshire Trail, Kington to Lower Kinsham. Numbers limited to 16. Participants must phone leader before the day. 1200ft of ascent. BPL. Registered Assistance Dogs only.

NB. It is worth driving round to the back of High Street for free parking.

## TINTERN

Group: **Ross**  
Date: **Saturday 3 June**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **Free CP, Tintern**  
Map/Grid ref: **OL14/SO 526001**  
Time: **10.00 (WRCP 09.10)**  
Leader: **Martin Shepley**  
Contact: **01989 563022**

To get to car park, take the Chepstow road from Monmouth and turn right at the Royal George Hotel in Tintern. Car park is on right after 300m. Walk from Tintern along the Wye then up to Offa's Dyke with views of the Abbey. A visit to the Devil's Pulpit, circling back to coffee in Tintern. Few stiles and a height gain of just 500ft in the morning. Gentle descent after lunch with views of the Wye. BPL.

## ROSS MORNING WALK Tuesday 6 June (see 4 April for details)

## FRIDAY MORNING WALK (H) Friday 9 June (see 7 April for details)

## BRACING BREDON (LV)

Date: **Saturday 10 June**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **Great Comberton**  
Map/Grid ref: **EXP 190/SO 953423**  
Time: **10.00**  
Leader: **David**  
Contact: **01684 574205**

Park on roadside. A hilly walk with wonderful views, taking in Woollas Hall, Bredon's Norton, Parson's Folly and Elmley Castle. BPL

## HILLS WEST OF KINGTON

Group: **Ross**  
Date: **Saturday 10 June**  
Level: **Moderate**  
Distance: **10.5 miles**  
Meeting Place: **Top of Ridgebourne Road, Kington**  
Map/Grid ref: **EXP 201/SO 281567**  
Time: **10.00 (WRCP 08.30)**  
Leader: **Jan and Don**  
Contact: **01981 580869 or 07497 778763**

Explore the paths on to Hergest Ridge, via Park Wood and Upper Hergest, before making the descent into Gladestry. Return via Weythel Common and skirting Hanter Hill before making the final ascent to the Whet Stone on Hergest Ridge. Hilly walk with two steep climbs. BPL. Registered Assistance Dogs only.

### **HAY HO! BUS WALK – MADLEY TO PETERCHURCH (H)**

Date: **Sunday 11 June**

Level: **Moderate**

Distance: **7 miles**

Meeting Place: **Hereford Railway Stn**

Map/Grid ref: **EXP189/SO 515405**

Time: **10.10**

Leader: **Phil**

Contact: **01981 500398**

Catch 39A bus at 10.15 (calls at Country Bus Stn, Broad St, Tesco Belmont). Members can park in Madley and meet at Church at 10.48. Walk via Shenmore, Timberline, Stockley and Guy's Wood. Tea at Nag's Head. Bus home arrives Hereford 18.23. BPL

### **AFTERNOON TEA AT THE KOFFIE POT, GWYNNE STREET, HEREFORD (H)**

**Monday 12 June at 14.30. Dogs welcome under control.**

### **ROSS MORNING WALK Tuesday 13 June (see 4 April for details)**

#### **TEA SHOP WALK FROM LLANTHONY TREATS CAMPSITE**

Group: **Hereford**

Date: **Wednesday 14 June**

Level: **Moderate**

Distance: **9 miles**

Meeting Place: **Llanthony Treats CP**

Map/Grid Ref: **OL13/SO 287276**

Time: **10.00**

Leader: **Lynne and Mary**

Contact: **01432 271769 / 357766**

From A465, turn right at Llanvihangel towards Llanthony Priory. Treats on left just before Priory. Walk steeply up Bal Mawr, along ridge to Blacksmith's Anvil. Steep descent to valley, return through fields. Everyone expected to buy cake and tea. BPL.

### **MORNING "WALK AND TALK" FROM THE POINT 4 (H) Thursday 15 June (see 6 April for details)**

#### **EVENING WALK - GARWAY**

Group: **Ross**

Date: **Thursday 15 June**

Level: **Moderate but hilly.**

Distance: **4.5 miles**

Meeting Place: **Edge of Garway Common,**

Map/Grid ref: **EXP 189/SO 465227**

Time: **19.00**

Leader: **Di**

Contact: **01989 730637**

Park opposite the Garway Moon Inn.

### **FRIDAY MORNING WALK (H) Friday 16 June (see 7 April for details)**

### **ROSS MORNING WALK Tuesday 20 June (see 4 April for details)**

<b>HEREFORDSHIRE WALKING FESTIVAL SAT 17 JUNE TO SUN 25 JUNE</b>
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## **EAST FOREST AND THE SEVERN**

Group: **Ross**  
Date: **Saturday 17 June**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **Soudley Ponds CP**  
Map/Grid ref: **OL 14/SO 663116**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Mark**  
Contact: **01989 567914**

Please park considerately, car park is small. Hale Brook, Bullo Pill, Newnham Boatyard and Church. Return via Blaize Bailey Viewpoint. There will be a couple of uphill sections and mud! Small dogs. BPL.

## **LEDBURY (LV)**

Date: **Wednesday 21 June**  
Level: **Moderate**  
Distance: **4.5 miles**  
Meeting Place: **Ledbury Market House**  
Map/Grid ref: **EXP 190/SO 712377**  
Time: **10.30**  
Leader: **Mary**  
Contact: **01684 541071**

A walk to Parkway and Little Woolpits returning via The Holts and Coneygree Wood. Plenty of opportunities for coffee/lunch afterwards. BMMR.

## **FRIDAY MORNING WALK (H) Friday 23 June (see 7 April for details)**

### **EVENING WALK - ROSS**

Group: **Ross**  
Date: **Thursday 22 June**  
Level: **Easy**  
Distance: **4.5 miles**  
Meeting Place: **Hope and Anchor Pub (HR9 7BU)**  
Map/Grid ref: **EXP 189/SO 596241**  
Time: **19.00**  
Leader: **Penny**  
Contact: **07826 748336**

Walk starts along the River Wye. We then cut inland and walk along tracks up to Brampton Abbots and back into town. Lovely views of the river and farmland. Two hills, one long and easy, one short and sharp. Refreshments at pub afterwards. Please note that the pub has initiated parking controls. Dogs on short leads welcome.

### **REDBROOK, NEWLAND AND SLADE BROOK (R)**

Date: **Saturday 24 June**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **Redbrook village Football Field CP (£1)**  
Map/Grid ref: **OL14/SO 536099**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Margaret**  
Contact: **01600 713712**

Walking up the quiet Valley Brook to rise and meet the ancient Coxbury and Wyegate Lane with views down the Wye Valley. Up the Slade Brook, a second climb through Leyshill Wood, past Clearwell Quarry and returning through Newland, the Cathedral of the Forest, and a fairly steep descent through woodland to meet Valley Brook once more. BPL.

**ROSS MORNING WALK Tuesday 27 June (see 4 April for details)**

**COURTYARD SOCIAL SUPPER AT THE COURTYARD (H) Tuesday 27 June**

**(see 25 April for details). Book by Sat 24 June.**

**FRIDAY MORNING WALK (H) Friday 30 June (see 7 April for details)**

**ANOTHER BLACK AND WHITE TRAIL – FIGURE OF EIGHT WALK (M)**

Date: **Saturday 1 July**  
Level: **Easy, some stiles**  
Distance: **5.5 and 5 miles**  
Meeting Place: **Riverside CP, Pembridge**  
Map/Grid ref: **EXP201/SO 390585**  
Time: **10.00**  
Leader: **Phil and Diana**  
Contact: **01568 612847**

Meet at CP by riverside picnic site. Alternative parking available in Pembridge village car park, SO 392583. Walk in two parts, enjoying two of the most famous Black & White villages. Morning stroll to Eardisland with time to browse or have coffee before returning to Pembridge, along the opposite side of the river, in time for lunch. Optional afternoon walk to Staunton-on-Arrow after picnic BPL and returning to Pembridge.

**SKIRRID**

Group: **Ross**  
Date: **Saturday 1 July**  
Level: **Strenuous**  
Distance: **9 – 10 miles**  
Meeting Place: **Skirrid NT CP**  
Map/Grid ref: **OL13/SO 331165**  
Time: **10.00 (WRCP 09.10)**  
Leader: **Terry**  
Contact: **01981 240542 or 07794 145134**

Walk across the fields to Bryn Arw.....up the spine.....down the side.....back through Llanfihangel Court.....up the Skirrid and down the spine. BPL,

**WORCESTERSHIRE BEACON FROM MATHON (H)**

Date: **Sunday 2 July**  
Level: **Moderate/strenuous**  
Distance: **10 miles**  
Meeting Place: **Mathon Village Hall**  
Map/Grid ref: **EXP190/SO 742543**  
Time: **09.30**  
Leader: **Duncan**  
Contact: **07711 281612**

Park at hall. WR13 5 NY. From A4103 turn on to the B4220 into Cradley. Take 2<sup>nd</sup> left and follow signs to Mathon. Drive through village and hall is in half mile on left. Moderate/strenuous walk to top of Worcestershire Beacon. BPL. Note early start.

**Have you changed your email address recently?**

**Please remember to let Ramblers Head Office know or you may be missing out!**

**membership@ramblers.org.uk**

**ROSS MORNING WALK Tuesday 4 July (see 4 April for details)**

**TEA SHOP WALK FROM THE PARKWAY RESTAURANT, LUDLOW (H)**

Date: **Wednesday 5 July** Cross Ludford Bridge south of Ludlow and turn right. Where road bears left, turn right into Weeping Cross. CP at end on left (£2).  
Level: **Moderate**  
Distance: **9 miles** Undulating walk via Caynham fort, the river Teme and Shropshire Way. On return everyone is expected to buy cake/tea. BPL.  
Meeting Place: **Smithfield CP**  
Map/Grid ref: **EXP203/SO 516 746**  
Time: **10.00**  
Leader: **Lynne and Mary**  
Contact: **01432 271769 / 357766**

**MORNING "WALK AND TALK" FROM THE POINT 4 (H) Thursday 6 July (see 6 April for details)**

**ROSS GROUP COFFEE & CHAT Thursday 6 July (see 6 April for details)**

**EVENING WALK - GARWAY**

Group: **Ross**  
Date: **Thursday 6 July**  
Level: **Steep start at leisurely pace.**  
Distance: **2 miles** Car park is at the track turning left at the former Sun pub. After walk on Garway Hill Common, refreshments can be taken at The Garway Moon.  
Meeting Place: **Garway Hill CP**  
Map/Grid ref: **EXP 189/SO444248**  
Time: **19.00**  
Leader: **Sandra**  
Contact: **07766 837125**

**FRIDAY MORNING WALK (H) Friday 7 July (see 7 April for details)**

**HEREFORDSHIRE TRAIL – LEINTWARDINE TO THE BRAKES**

Group: **Leadon Vale**  
Date: **Saturday 8 July**  
Level: **Moderate** Street parking is available in the vicinity.  
Distance: **8.5 miles, undulating** Follow the Trail on to Shelderton Hill, with views all round, then drop down towards the Teme Valley. Leave the Trail at The Brakes to return via Gravel Farm and Billings Woods. BPL.  
Meeting Place: **Opposite Lion Hotel, Leintwardine**  
Map/Grid ref: **EXP 203/SO404738**  
Time: **10.00**  
Leader: **Jan**  
Contact: **01531 634527**

## **LONGTOWN AND HATTERALL HILL (R)**

Date: **Saturday 8 July**  
Level: **Strenuous**  
Distance: **11 miles**  
Meeting Place: **Longtown Village Hall (£1 donation)**  
Map/Grid ref: **OL13/SO 323288**  
Time: **10.00 (WRCP 09.10)**  
Leader: **Jan**  
Contact: 01981 580869 /07497  
778763

This is an energetic walk with a steady climb from the Olchon Brook to the foothills of the Black Mountains before climbing Hatterall Hill, an elevation of 1,712ft. Return via Walterstone and another climb before descending into Clodock for the return to Longtown. Possible refreshment at The Crown PH on return. BPL and afternoon snack. Registered Assistance Dogs only.

## **HEREFORDSHIRE TRAIL – PIXLEY TO LEDBURY (BUS WALK) (H)**

Date: **Sunday 9 July**  
Level: **Moderate**  
Distance: **6 miles**  
Meeting Place: **Hfd Country Bus Station**  
Map/Grid ref: **EXP189/SO 515402**  
Time: **10.15**  
Leader: **John A W**  
Contact: **01432 355833**

Catch 476 bus from Country Bus Station 10.15; Shirehall 10.17, to Pixley. Walk via Putley and Herefordshire Trail to Ledbury, returning on 15.05 bus, arr. 15.40. BPL.

(on day ring mob. 07779 508204)

## **AFTERNOON TEA AT THE KOFFIE POT, GWYNNE STREET, HEREFORD (H)**

**Monday 10 July at 14.30. Dogs welcome under control. Tel. 01432 351493.**

## **ROSS MORNING WALK Tuesday 11 July (see 4 April for details)**

### **HEREFORDSHIRE TRAIL – BENTLEY'S FARM TO LEDBURY**

Group: **Leadon Vale**  
Date: **Thursday 13 July**  
Level: **Moderate**  
Distance: **8 miles approx**  
Meeting Place: **Ledbury Memorial opposite Market House**  
Map/Grid ref: **EXP 190/SO 712377**  
Time: **09.35**  
Leader: **Mary**  
Contact: **01684 541071**

Catch the 09.40 bus (417) to Bosbury. Walk north to join the Herefordshire Trail near Bentley's Farm and follow the Trail back to Ledbury. BPL.

### **EVENING WALK – LOWER LYDBROOK (R)**

Date: **Thursday 13 July**  
Level: **Moderate**  
Distance: **3.5 miles**  
Meeting Place: **Lay-by (Sat Nav GL17 9PB)**  
Map/Grid ref: **OL14/SO 590176**  
Time: **19.00**  
Leader: **Bob**  
Contact: 01989 769050 /07985  
044735

Lay-by is half a mile beyond Lower Lydbrook on English Bicknor Road.

### **FRIDAY MORNING WALK USING HEREFORDSHIRE TRAIL (H) Friday 14 July (see 7 April)**

#### **HEREFORDSHIRE TRAIL – PONTRILAS TO KILPECK (BUS WALK) (H)**

Date: **Saturday 15 July**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **Hfd Country Bus Stn.**  
Map/Grid ref: **EXP189/SO 515402**  
Time: **08.25 – 17.00**  
Leader: **Marika**  
Contact: **01432 265392**

Catch 08.30 X4 bus to alight in Pontrilas and proceed up Trail through Cobbler's Grove to Kentchurch. Onwards up onto Garway Hill Common and down to Bagwyllydiart and Kilpeck Church. Then short walk to A465 to catch X4 bus back to Hereford. BPL.

#### **BLAKENEY HILL AND SOME OLD PORTS OF THE SEVERN**

Group: **Ross**  
Date: **Saturday 15 July**  
Level: **Moderate**  
Distance: **11 miles**  
Meeting Place: **Wenchford Forestry Commission CP (GL15 4DG)**  
Map/Grid ref: **OL14/SO 654079**  
Time: **10.00 (WRCP 09.10)**  
Leader: **Bob**  
Contact: **01989 769050 or 07985 044735**

From the B4226, take the road beside the Speech House, turn left at the T-junction just beyond New Fancy picnic site, towards Blakeney. Pass the entrance to Mallards Pike lakes and about 2 miles further on, the entrance to Wenchford car park is clearly signed on the left. Park in the track-side parking area not far from the entrance. Quite a mixture of field/woodland paths, tracks and quiet lanes. We walk out of the forest enjoying lovely views across the Severn and visit the tiny, isolated, but once busy, ports/shipbuilding hamlets of Gatcombe and Purton. BPL and plenty to drink.

#### **HEREFORDSHIRE TRAIL – DORSTONE TO HAY-ON-WYE (HAY HO! BUS)**

Group: **Hereford**  
Date: **Sunday 16 July**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **Hfd Railway Stn**  
Map/Grid ref: **EXP189/SO 515405**  
Time: **10.15**  
Leader: **Phil**  
Contact: **01981 500398**

Catch the Hay Ho! 39A bus at 10.15. Also calls at Country Bus Station, Broad St, Tesco Belmont, etc. Members can also park in Dorstone and meet bus at 11.05. Walk follows Trail over Merbach Hill to Whitney and other paths into Hay. Time for tea! Back in Hereford 18.23. BPL.

**ROSS MORNING WALK Tuesday 18 July (see 4 April for details)**

**COLWALL (LV)**

Date: **Wednesday 19 July**  
Level: **Moderate**  
Distance: **4.5 miles**  
Meeting Place: **Colwall Station car park**  
Map/Grid ref: **EXP 190/SO 757425**  
Time: **10.15**  
Leader: **Mary**  
Contact: **01684 541071**

A walk through fields and the lower slopes of the Malverns returning to the village for coffee/lunch. BMMR.

**MORNING “WALK AND TALK” FROM THE POINT 4 (H) Thursday 20 July (see 6 April for details)**

**EVENING WALK – HAREWOOD END**

Group: **Ross**  
Date: **Thursday 20 July**  
Level: **Moderate**  
Distance: **4 miles**  
Meeting Place: **Harewood End Inn on A49 (HR2 8JT)**  
Map/Grid ref: **EXP189/SO 528269**  
Time: **19.00**  
Leader: **Heather**  
Contact: **01432 350341 or 07919 606856**

Please park in top car park.

One long, gentle climb and one short rather steep climb.

**FRIDAY MORNING WALK (H) Friday 21 July (see 7 April for details)**

**LLANFIHANGEL AND HERGEST (LV)**

Date: **Saturday 22 July**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **Mill Street CP, Kington**  
Map/Grid ref: **EXP 201/SO296566**  
Time: **10.00**  
Leader: **Tom**  
Contact: **01886 821544**

Catch the 10.10 bus (09.00 from Hereford) to Llanfihangel Nant Melan. We climb Llanfihangel Hill and head for Gladestry where we join Hergest Ridge for a spectacular walk back to Kington. Some rough ground and 1500ft of ascent. BPL.

**ROSS MORNING WALK Tuesday 25 July (see 4 April for details)**

**COURTYARD SOCIAL SUPPER AT THE COURTYARD (H) Tuesday 25 July  
(see 25 April for details). Book by Sat 22 July).**

**KILPECK, ORCOP AND THE MYNDE**

Group: **Ross**  
Date: **Saturday 22 July**  
Level: **Moderate**  
Distance: **11 miles**  
Meeting Place: **Kilpeck Village Hall (£1)**  
Map/Grid ref: **EXP189/SO 447302**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Di**  
Contact: **01989 730697**

Walk is mostly on field paths with several climbs. We follow the Herefordshire Trail to Bagwyllydiart, then Garren Brook to Orcop Church. Next we go north to Orcop Hill and then drop down through woodland to The Mynde. Finally, our route rejoins the Herefordshire Trail back to Kilpeck, with the opportunity to visit the most famous church in the County. BPL.

**FRIDAY MORNING WALK (H) Friday 28 July (see 7 April for details)**

**SHROPSHIRE HILLS (M)**

Date: **Saturday 29 July**  
Level: **Moderate**  
Distance: **7 miles**  
Meeting Place: **Lay-by**  
Map/Grid ref: **EXP217/SO 474924**  
Time: **10.00**  
Leader: **Eileen and Jen**  
Contact: **01432 830569**

Parking at large lay-by just before left-hand bend into Hope Bowdler. A circuit over Hope Bowdler Hill and then along the summit of Caer Caradoc Hill from the north, returning around the flank of Helmeth Hill and across fields to Hope Bowdler village. Extensive views on a clear day. Two steep uphill sections that will be taken slowly. BPL. Registered Assistance Dogs only.

**FOLLOW THE BEACON TO TABLE MOUNTAIN**

Group: **Ross**  
Date: **Saturday 29 July**  
Level: **Strenuous**  
Distance: **9 miles**  
Meeting Place: **Llanbedr Village Hall (£1 per car)**  
Map/Grid ref: **OL13/SO 239203**  
Time: **10.00 (WRCP 08.45)**  
Leader: **Denise and Martin**  
Contact: **01600 716200 and 07855 639710**

To get to car park, in Crickhowell, immediately after the petrol station on the right, take the next right on to Llanbedr road. In roughly 1.5 miles, see Llanbedr village turn on the right.

At a reasonable pace, we'll rise on to the Beacons Way and follow the ridge to Crug Mawr to enjoy glorious views before descending to the Vale of Grwyney. We'll then gently climb the lower slopes of Pen Cerrig Calch to reach Table Mountain before going back to Llanbedr. A great day! BPL.

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